Arcum invites to a lunch seminar on **Thursday, May 4, 12.00-13.00** at Universitetsklubben, Umeå. **Ingeborg Nilsson**, senior lecturer (associate professor) at the Department of Community Medicine and Rehabilitation, Umeå University, will hold a talk on "**Can modern technology support a healthy and active ageing in sparsely populated northern Sweden?**".

Since we offer a light lunch we kindly ask you to **register for the seminar**, no later than **Tuesday, May 2**, by sending an e-mail to **gabriella.nordin@umu.se**.

**Ingeborg** Nilsson is an associated professor in occupational therapy focusing on research related to the role of meaningful activities in older peoples everyday life. How modern technology can be a part of meaningful activities and how it can be used to stay active is some of the research questions related to her research area.

Ingeborg is active in the research group SafePAL where researchers from Technical and Medical faculty are collaborating.